



BRITISH COLLEGE OF  
**BCOM**  
OSTEOPATHIC MEDICINE

**FREE  
OSTEOPATHY  
FOR  
CHILDREN IN  
HAMPSTEAD**

The British College of Osteopathic Medicine (BCOM) provides osteopathic treatment (initial consultation and follow-ups) **FREE OF CHARGE** to any child under the age of 16. What's more, a parent receiving this leaflet will be eligible to receive a free consultation themselves.

Read on to find out what we can offer you and your family or call now on 020 7435 7830 to make an appointment at our NW3 teaching clinic.

**WHO ARE WE?**

Established in 1936 by the founder of Champneys Spa, Stanley Lief, BCOM is a world-famous osteopathic institution with a teaching clinic in Netherhall Gardens, Hampstead. We offer osteopathic masters degrees, and have been acknowledged as the UK's academic sector leader. As part of our supervised training clinics, we provide a high-quality free Children's Clinic that centres on 'the whole child', as well as a full range of osteopathic and naturopathic treatment and advice for adults of all ages.

ESTABLISHED SINCE 1936 ■ REGISTERED CHARITY NO. 312907



## **WHAT DO WE TREAT?**

Osteopathy is best known for treating musculo-skeletal issues such as “aches and pains” or sporting injuries. But BCOM’s gentle, holistic approach is ideal for a range of other treatment issues, including allergies, asthma, eczema and weight/exercise issues. We can give general advice about nutrition, lifestyle and exercise to maximise your family’s wellness. The very

gentleness of osteopathic treatment makes it ideal for children – and of course, for parents too!

**ASTHMA ALLERGIES ECZEMA POSTURAL PROBLEMS  
HYPERACTIVITY/ATTENTION DISORDERS SPORTS AND  
OTHER INJURIES ADVICE ON WEIGHT AND EXERCISE**

All child treatments are by final year clinical Masters students under supervision by qualified osteopaths. Our standards are recognised as the highest in the UK. We have received landmark “approval without conditions” recognition by the General Osteopathic Council.



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## **WHAT IS OSTEOPATHY?**

Osteopathy is a holistic system of treatment for a wide range of medical conditions. It maintains that the good health and harmonious interrelation of skeleton, muscles, ligaments and connective tissues are crucial to an individual's well-being. To an osteopath, for a body to work well, its structure must work well too. Through touch, physical manipulation, stretching and massage, and using high-level medical and scientific training, an osteopath diagnoses and non-invasively treats a patient.



## **WHEN AND WHERE?**

Monday, Tuesday and Thursday are our specialist Children's Clinic days, though we can usually see patients by appointment on other weekdays. BCOM has free parking for patients. We are very close to Finchley Road underground station. The Clinic is situated in Netherhall Gardens, a few minutes from Finchley Road underground station and Finchley Road & Frognal mainline station and bus routes 82, 113, 13, C11 and 268. The Clinic can also be reached from Fitzjohns Avenue, on bus route 46. The Clinic is open 9.00am to 7.00pm with special availability for children and parents at end-of-school times all through the week. Clinics continue during school holidays.

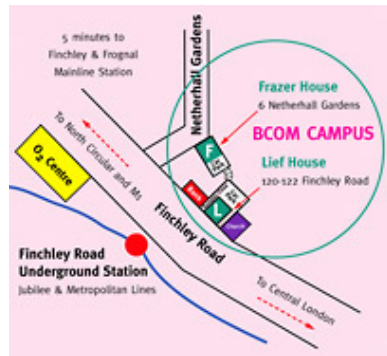


## HOW CAN I FIND OUT MORE?

Just call us on 020 7435 7830 or visit our dedicated page for patients [www.bcom.ac.uk/patients](http://www.bcom.ac.uk/patients). It's usually easy to be seen relatively quickly and we are always happy to help as much as possible.

And don't forget...

Parents can receive a **FREE** osteopathic consultation. Simply quote your child's school when booking your appointment.



**The Clinic:**  
**BCOM**  
**Frazer House**  
**6 Netherhall Gardens,**  
**London NW3 5RR**  
**Tel: 020 7435 7830**  
**appointments@bcom.ac.uk**

**The College: BCOM**  
**120-122 Finchley Road,**  
**London NW3 5HR**  
**info@bcom.ac.uk**

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