Masters in Osteopathy
BCOM and University of Plymouth Student Handbook 2017-18
If you require any part of this Student Handbook in larger print, or an alternative format, please contact:

Registrar
Tel: 0207 435 6464
E-mail: fhashani@bcom.ac.uk

Please note:

All the information in this handbook is correct at the time of printing.

BCOM is proud of its teaching and research and it undertakes all reasonable steps to provide educational services in the manner set out in this Handbook and in any documents referred to within it. It does not, however, guarantee the provision of such services. Should industrial action or circumstances beyond the control of the Institution interfere with its ability to provide educational services, the University undertakes to use all reasonable steps to minimise the resultant disruption to those services.
Dear Student,

**Important – please note**

The University will do its best to provide appropriate support for students with a disability. In the context of Higher Education study the term disability covers a range of impairments, medical conditions, mental health issues and specific learning difficulties. We have put in place a number of changes to procedures and to our campus to make our courses more accessible, and this is reflected in the diversity of students studying with us. However, it is important for us to consider any individual requirements sufficiently far in advance to enable us to advise you on the range of options available and to put in place appropriate arrangements.

**So please ensure you have told us about any disability even if you do not think it will affect you while you are at the University**

**If you have already told us about a disability** we may ask you for further information or invite you for an information meeting (with the Registrar and/or member of the Senior team) if necessary. We can then properly assess, in discussion with you, your individual requirements and ensure that we have the best possible chance of having any necessary adjustments in place at the start of your course. We can also advise you further about claiming for Disabled Students’ Allowance.

**If you have a disability but have not yet told us about it**, please contact Fiona, BCOM Registrar. While we can make reasonable adjustments to our provision, we may not be able to meet your individual requirements if we do not have the opportunity to assess them in advance, and that could impact negatively on your experience of the course or even your ability to complete your course, or to take up your place.

Please respond positively to any requests from us for information. We can then explore with you the support available such as assistive technologies, study skills sessions and personal enablers. We can also address any health and safety issues and relevant academic or professional expectations and if necessary advise you on alternative options. Any information you give us will be dealt with in confidence and only shared within the University with your consent and on a ‘need to know’ basis. We want to give you the best possible chance to take up your place, to be ready for study and to be able successfully to complete your university course.
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1 Welcome and Introduction

Welcome to BCOM

This Programme / Student Institution and University of Plymouth Handbook contains important information including:

- The Institution Procedures
- Student Support including careers education, information and guidance
- Financial information and guidance on funding
- Learning Resources
- Study Skills Support including Academic Regulations

The British College of Osteopathic Medicine

The British College of Osteopathic Medicine (BCOM) was founded in 1936 and has been training osteopaths in London ever since. It is among the premier UK osteopathic education institutions and was the first to achieve a validated honours degree in osteopathic medicine. In 2012 BCOM entered a new and exciting collaboration with Plymouth University to validate the M.Ost programme. This integrated full-time Masters degree programme is well established at BCOM.

A holistic approach to osteopathy is central to the philosophy of the College. The purpose of BCOM’s programme is to guide student osteopaths through the acquisition of basic science and osteopathic technique skills towards an integrated clinical appraisal of patients. This allows the formulation of safe, effective, rational and caring treatment plans to produce as beneficial outcome as possible for the individual. This may be summarised by the following aims:-

- To ensure that graduates acquire adequate clinical competence via a self-critical approach to integrated, learned skills.
- To promote an attitude of inquiry and the maintenance of this attitude into professional life to keep abreast of current knowledge.
- To instil a research ethos into practitioners of holistic Osteopathy.
- To increase access to osteopathic training to all those with a declared desire and appropriate academic qualifications.
- To provide the General Public, via the General Osteopathic Council (GOsC) in the UK, as well as in the wider European environment, with safe and competent practitioners of holistic Osteopathy.

Osteopathy was founded on the principle that an intimate relationship exists between the structure and function of the human body.

The three main elements are based upon the premise that:
1. The physical structure or anatomy of the body relates to its physiological function.
2. The biochemical or nutritional structure of the body relates to its physiological function.
3. The emotional or mental structure of the individual relates to the psychosomatic function and therefore the physiological function of the individual.

The central principle of a structural and functional relationship is woven into the academic and clinical fabric of these osteopathic programmes. Each element is interdependent upon the
others and an individual cannot function healthily if any of the three is compromised. This philosophy forms the basis of osteopathic practice at BCOM.

Although osteopathy is associated with physical medicine and specifically with the musculoskeletal system, it has far wider applications to visceral and holistic practice. It maintains the fundamental premise of patient contact with "hands on" practice whilst including nutritional, dietetic, exercise advice and counselling support. The patient-practitioner rapport is therefore close, with the practitioner utilising academic knowledge together with clinical skills for complete patient support.

Note: The information in this handbook should be read in conjunction with the current edition of:
- Your Programme Quality Handbook
  o available at: Osteonet
- Your Module Teaching, Learning and Assessment Guides
  o available at: Osteonet
- Plymouth University’s Student Handbook
  o available at: https://www.plymouth.ac.uk/your-university/governance/student-handbook

1.1 Students as Partners – Plymouth University

Founded in 1862 as a school of navigation, Plymouth is one of the leading modern universities, ranked in the top 60 internationally under the age of 50 by Times Higher Education. Twice awarded the Queen’s Anniversary Prize for Higher Education, it has won numerous accolades in respect of its teaching and its research. The University has one of the highest number of National Teaching Fellows of any UK university. With two-thirds of its research ranked as world-leading or internationally excellent (2014 Research Excellence Framework). It was also the first university in the world to receive the Social Enterprise Mark.
Students and staff at Plymouth University have jointly developed an agreement that sets out key principles that underpin this partnership - “Students as Partners” - which can be found: [https://www.plymouth.ac.uk/student-life/students-as-partners](https://www.plymouth.ac.uk/student-life/students-as-partners)

### 1.2 Registration, Term Dates including Exam weeks

Delivering academic and vocational programmes with a large clinical component, BCOM is operational for a full 51 weeks per year, whilst the academic year is currently three terms of usually 12 weeks over 36 week year in Years 1, 38 in year 2, 45 weeks in Year 3 and 40 weeks in Year 4.

It is explained to all applicants during open day and/or interview that BCOM students are required to continue their clinical training during the period normally regarded as vacation (Christmas, Easter, and Summer). Attendance for these weeks is compulsory and is prescribed within both the degree validation and the professional status of the accredited awards. Any clinical time missed for any reason must be made up in the summer period at the direction of the College.

**Compulsory Attendance Weeks**

| Year 2 | Induction to Clinic. Prior to entering clinic in the Third Year, you are required to attend induction for 2 weeks in the summer period. These two weeks are normally the last two weeks of summer vacation |
| Year 3 | Christmas Vacation 2 weeks |
| Easter Vacation 2 weeks |
| Summer Vacation 5 weeks Total: 9 weeks |
| Year 4 | Christmas Vacation 2 weeks |
| Easter Vacation 2 weeks Total: 4 weeks |

**2017-18 Term dates:**

**TERM 1:**
Monday 11\(^{\text{th}}\) September 2017 to 15\(^{\text{th}}\) December 2017

**TERM 2:**
Monday 8\(^{\text{th}}\) January 2018 to Friday 23\(^{\text{rd}}\) March 2018

**TERM 3:**
Monday 23\(^{\text{rd}}\) April 2018 to Friday 6\(^{\text{th}}\) July 2018
Assessment board meetings: tbc

Assessment schedule and end of year assessments dates are available on Osteonet (Registry-Assessment- Assessment timetable)

2 Student Support

The Registrar at BCOM is the principal point of contact for all student matters. In additions students can seek personal and academic advice from year and personal tutors and module leaders.

3 Distinctive Features of your programme

The M.Ost is a 4 year integrated Masters in Osteopathy. Due to the clinical nature of the course, students who have not been successful in a year and are offered a repeat year must re-take all the modules in the retake year. Those modules that were referred in the preceding year will be capped at 40%.

Further, some modules are non- compensatable, and all of year 4 is non-compensatable. Information on which modules are compensatable are available within the module documents which are available on Osteonet. A number of practical modules have ISCE which are pass/fail in these cases all ISCE must be passed to progress due to the nature of the course.

3.1 Programme Leader Biography

Dr Kerstin Rolfe
Email: krolfe@bcom.ac.uk

Dr Kerstin Rolfe started her career as a nurse working on a busy gynaecological ward at the Royal Free Hospital. Her interest in research grew when she was appointed as a MRC Clinical Research Nurse to project-manage a multi-centred surgical trial and a pharmaceutical trial. During this time she undertook a part-time BSc (Hons) in Biological Sciences from Birkbeck College. Her working career moved to running an ovarian scanning unit for women at high risk of developing ovarian cancer. Following attainment of her BSc (Hons) she was awarded a scholarship to undertake a PhD in molecular pathology in a gynaecological cancer unit which she did at the Royal Free Hospital whilst registered at UCL.

Her postgraduate career involved studying tissue regeneration, wound healing and adhesion formation in tendons and skin. She has supervised a number of surgeons helping them attain their postgraduate qualifications, MD and PhDs. She has further studied and been awarded a LLM in Medical Law and Ethics in 2009 from DeMontford University and is currently pursuing a part-time MBA from University of Leicester.

Kerstin is on a number of journal editorial boards and is currently the Editor in Chief for Bone and Tissue Regeneration Insights. Kerstin joined BCOM as Head of Research in 2012 and in 2014 was appointed Vice Principal and then the Principal of BCOM. She regularly supervises student research projects and has established a well-developing record in research and journal publications.
3.2 Personal Tutor

Personal tutors are designated as a sustained and point of reference for individual students on personal, domestic or general academic matters; detailed information will be available in your teaching, learning and assessment handbooks. Personal Tutors will be able to signpost the students to the appropriate member of staff if they are unable to help.

Further information can be found by following this link to the [University personal tutoring](#) policy.

Pastoral support

BCOM is a small institution and support is readily available and accessible. As mentioned above a good point of contact is the Registrar or registry team. Additionally, year and personal tutors have been appointed to give students academic and pastoral advice. BCOM also arranges professional counselling, at no cost to students, and counsellors are on campus two days per week to see students.

Year and Personal Tutors

Each academic year cohort has a year tutor assigned to it. The year tutor is chosen by the Faculty and the name is posted on Osteonet. The year tutor will liaise between the year class and the Registrar and Faculty. In 2017/18, the Year 1 tutor will be Dr Saaid, for Year 2, Mr Manoj Mehta, for Year 3, Mrs Jemma Sager and for Year 4, Mr Mark Hines. As well as the year tutor, each student has a personal tutor whom they choose themselves from the list available from Registry. At the start of the academic year, the Registrar informs the new intake student class that by the end of the first six weeks they should have found and selected a member of Faculty from the list to act as their personal tutor. This tutor will usually accompany the student through the whole of their course and will help, guide or refer the student if they have problems. The administration keeps a record of the individual tutors so that specific contact may be made through them.

The College has commenced an Academic Student Facilitator system. This system nominates two students from Year 2 to guide and “demystify” the learning process for year 1 students. Similarly, each year provides two “guides” who support the preceding year. This system is explained during induction.

3.3 Module Leaders Biography

Mr Sebastien De Sa Neves Da Rocha

Bsc(Hons) Ost, DO, DPO, PGCert in HE

Modules: MOST6014 Paediatrics

Email: srocha@bcom.ac.uk

Sebastien qualified as an osteopath from the European School of Osteopathy (ESO) in 2007 with a BSc (Hons) in Osteopathy, and trained in Paediatric Osteopathy at the Osteopathic Centre for Children (OCC) where he gained a Diploma in Paediatric Osteopathy in 2014. He also did a Post Graduate Certificate in Higher Education (PGCHE) from Greenwich University in 2013. Sebastien’s passion for Osteopathy began in his native France before completing his study in England while also learning English.

He is a lecturer and a tutor at the ESO, where he teaches osteopathic diagnosis and treatment, and has also lectured osteopathic principles, osteopathic diagnosis, balanced Ligamentous
tension and general osteopathic treatment to students on a Masters programme at the AESOPLAT in Lima, Peru.

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**Mr Mark Hines**  
BSc (Hons) Sprt & Fit Sc; MSc Ex Sc; PhD Biomech, Neuromusc Phys & Ex Phys  
ongoing  
Module Leader MOST6016 Research Methodology  
MOST7011 Research Investigation  
Email: [mhines@bcom.ac.uk](mailto:mhines@bcom.ac.uk)

Mark is an exercise physiologist, bio-mechanist, endurance athlete, and a writer. He has competed in some of the toughest ultra-endurance races in the world across rainforests, deserts, mountains, and in the sub-Arctic and Arctic.

After joining a gym as a teenager, he fell in love with sports science, so he studied for a BSc (Hons) Degree in Sport and Fitness Science followed by an MSc in Exercise Science from the University of Luton. He supported himself through the studies by working in the fitness industry. Over the next few years, Mark did various jobs in health and fitness clubs from a personal trainer role to operations manager of a fitness club and says he found it fun and satisfying.

However, his passion was for academia and lecturing. He started off by lecturing on personal training courses and then took up part-time lecturing in Premier Training Cambridge. Mark joined BCOM in 2008 initially to lecturer in physiology and exercise physiology, but over the next 5 years of his employment he also held some management positions as interim Head of Academic studies. In 2017 Mark returned to BCOM as the new Head of Research. He also continues to supervise research projects for the final year students at BCOM.

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**Anastassia Howarth**  
BSc Psych, MSc Health Psych, PhD Bhv Med (in progress)  
Module Leader MOST7009 Clinical Psychology  
Email: [ahowarth@bcom.ac.uk](mailto:ahowarth@bcom.ac.uk)

Anastassia (or Ana as she is called) joined BCOM as a Lecturer of Psychology and Psychosomatics in 2013. Ana is the lead lecturer for the Clinical Psychology module at BCOM. Ana got a BSc in Psychology from University of Westminster in 2005 and then went on to do an MSc in Health Psychology from the City University, London in 2006 where her research focused on lower back pain. Ana is currently pursuing her PhD in Behavioural Medicine, specialising in Chronic Pain Management from St. George’s University of London.

Ana says the foundation of her research experience is within the field of health outcomes research for various clients such as pharmaceutical companies, the NHS and medical charities but her aim has always been to specialise in pain management.
Shireen Ismail  
BSc (Hons) Osteopathic Medicine, MSc Osteopathic Medicine, Diploma in Acupuncture 
Module Leader MOST5019 Osteopathic Practice 2  
Email: sismail@bcom.ac.uk  

Shireen graduated from the British College of Osteopathic Medicine in 1997 with a BSc (Hons) Osteopathic Medicine and with her research project “A Survey of the Most Commonly Presenting Conditions, Diagnostic Techniques and Treatment Modalities used in Naturopathic Practices in South India.” Shireen holds a Diploma in Acupuncture. Since 2000 she works at BCOM as a Senior Lecturer and Clinic Tutor. Shireen supervises students in the clinic and leads Osteopathic Practice 2 module.

Mr Barry Kleinberg  
MSc Sprt & Ex Rehab, BSc (Hons) Ost Med, ND, DO  
Module Leader MOST4018 Principles of Naturopathic Osteopathy  
BOST611 Advances in Osteopathic Medicine  
Email: bkleinberg@bcom.ac.uk  

Barry qualified as an osteopath from BCOM in 2008 with a BSc (Hons) Osteopathic Medicine, Diploma in Osteopathy and Naturopathy Diploma. Prior to his osteopathic career Barry did a Common Professional Exam and Legal Practice Course and worked as trainee, then as associate solicitor in several law firms for over 10 years. Since graduating with a osteopathy degree, Barry worked in private osteopathic practice with elite athletes and was one of the Osteopaths appointed to be part of host nation medical team during the London 2012 Olympics.

Barry joined BCOM’ faculty soon after graduating from BCOM. He lectures on osteopathic techniques, biomechanics and principles of naturopathy and is a clinic tutor for 3rd and 4th year students. Barry is on the review panel for the Journal of Bodywork and Movement Therapies and also sits on the General Osteopathic Council’s professional conduct committee.

Mr Manoj Mehta  
BSc (Ost Med), ND, DO  
Module Leader MOST6017 Musculoskeletal Conditions  
MOST7008 Clinical Rheumatology, Orthopaedics  
Head of Department: MOST4021 Osteopathic Practice  
MOST5018 Biomechanics  
MOST5019 Osteopathic Practice 2  
MOST6018 Osteopathic Technique  
MOST7012 Osteopathic Clinical Practice  
BOST611 Advances in Osteopathic Medicine  
BOST612 Reflective Practice & Audit  
Email: manojm@bcom.ac.uk
Manoj graduated from BCNO (BCOM) in 1985 with a BSc in Osteopathic Medicine, Diploma in Osteopathy and Naturopathy Diploma. Manoj started his teaching career at BCOM in 1985 and progressed from the role of assistant osteopathic technique and clinic tutor to the current position of Head of Osteopathy. He has played a major role in the development, management and provision of both undergraduate and post-graduate osteopathic education at BCOM for more than 3 decades.

Manoj entered private Osteopathic and Naturopathic practice soon after graduating from BCOM, with special interest in osteopathic care of sports injuries and clinical application of osteopathic techniques. He was team osteopath to Old Albanions Rugby football club, Hertfordshire County Rugby Club, and Sprinter’s squad at Haringey Athletics Club. Manoj is currently a Council member for Osteopathic Sports Care Association (OSCA) UK and was one of the Osteopaths appointed to be part of host nation medical team during the London 2012 Olympics and Paralympics Games.

In 2004 Manoj was appointed by Privy Council as the Education Member on the General Osteopathic Council for a period of four Years. He has acted as an External Examiner and Moderator for Final Clinical Competence Assessments at Osteopathic Educational Institutions in the UK and Europe (Belgium, France, Italy, Spain and Sweden), and is currently a General Osteopathic Council (GOsC) Examiner for post-registration Assessment of Clinical Performance (ACP). Other professional activities include member of validating and accreditation panels for degree courses in Osteopathy, member of the GOsC working party on undergraduate clinical competence assessment and member of the working group for Quality Assurance agency (QAA)/GOsC Benchmark Statement for Osteopathy. Manoj was also appointed by QAA as the GOsC Visitor for the QAA/GOsC reviews of ‘Recognised Qualifications’.. Manoj supervises multiple student research projects at BCOM.

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**Mr Savash Mustafa**

BSc (Ost Med), ND, DO

Module Leader MOST4021 Osteopathic Practice

Email: sm@bcom.ac.uk

Savash has been practising Osteopathy since 1996 after he graduated from the BCOM with a BSc in Osteopathic Medicine, Naturopathy Diploma and a Diploma in Osteopathy.

Savash joined BCOM’s faculty as lecturer in Osteopathic Techniques and Clinic Tutor soon after graduating from BCOM and currently he is the lead lecturer in both osteopathic technique and clinic. He is also an examiner for BCOM’s final clinical competence (FCC) exams which all student osteopaths must pass to qualify and gain registration with the General Osteopathic Council.

Savash has lectured osteopathy modules at Oxford Brookes University’s.
Lazarus Nono  
MSc in Perf Arts Med (PAM), BSc (Hons) Ost; Classical Dance in adv level  
Module Leader MOST6018 Osteopathic Technique  
Email: lnono@bcom.ac.uk

Lazarus joined BCOM in 2001 as Clinic Tutor and techniques Lecturer and over the years, he tutored a variety of subjects ranging from anatomical studies to diagnostic reasoning and clinical skills. He is currently the lead lecturer for BCOM’s year 3 Osteopathic Techniques module.

Before graduating from the British School of Osteopathy in 1997 with a BSc (Hons) in Osteopathy, Lazarus trained in Classical Ballet, Jazz, and Contemporary Dance. Lazarus’ professional dance career was brought to an end by dance-related injuries, which led him to his career in Osteopathy.

In 2014 Lazarus successfully completed a Master’s degree in Performing Arts Medicine, a collaborative program between University College of London and The British Association for Performing Arts Medicine, Royal College of Music & Trinity Laban Conservatoire of Music and Dance. The course further focused his understanding of performance-related injuries, not only for those from a dance background but also for singers, musicians and all those required to bring a production to life.

Dr Eve Pearce  
DiplON Nut Therapy, PhD (Medicine), BSc (Hons) Bio-Chem, BANT, CNHC  
Modules: MOST4015 Gastro-intestinal system, nutrition and bio-chemistry  
Email: epearce@bcom.ac.uk

Eve is a fully qualified practising Nutritional Therapist with a strong background of medical research in an academic teaching environment. Eve’s passion for wellness and nutrition led her to complete an ION diploma in Nutritional Therapy in 2015. She is registered with British Association for Applied Nutrition & Nutritional Therapy (BANT) and Complementary and Natural Healthcare Council (CNHC).

Eve got a BSc in Biochemistry from Cardiff University in 1995 and a PhD in Medicine from University of Wales College of Medicine in 1998. Following her PhD, she worked as an academic postdoctoral researcher with Southampton University’s Medical School where she provided both undergraduate biochemistry lecture material and laboratory supervision.

Eve will start lecturing Nutrition and Bio-chemistry module to BCOM students from the start of academic year 2017-18

Dr Kerstin Rolfe  
RGN, BSc (Hons), PhD (Molecular Pathology), LLM (Medical Law and Ethics)  
Module Leader BOST613 Conversion Course – Research Methods  
BOST614 Conversion Course – Research Paper
Head of Department: MOST4015 Gastro-intestinal system, nutrition and bio-chemistry
MOST4017 Physiology
MOST5013 Exercise Physiology
MOST5014 Nutrition and Dietetics
MOST6014 Paediatrics
MOST6015 Psychology
MOST7009 Clinical Psychology
Email: krolfe@bcom.ac.uk

Dr Kerstin Rolfe started her career as a nurse working on a busy gynaecological ward in Royal Free Hospital. Her interest in research grew when she was appointed as a MRC Clinical Research Nurse to project-managing a multi-centred surgical trial and a pharmaceutical trial. During this time she undertook a part-time BSc (Hons) in Biological Sciences from Birkbeck College, University of London. Following attainment of her BSc (Hons) she was awarded a scholarship to undertake a PhD in molecular pathology in a gynaecological cancer unit which she did at the Royal Free Hospital whilst registered at UCL.

Her postgraduate career involved studying tissue regeneration, wound healing and adhesion formation in tendons and skin. She has supervised a number of surgeons helping them attain their postgraduate qualifications, MD and PhDs. She has further studied and been awarded a LLM in Medical Law and Ethics in 2009 from DeMontford University and is currently pursuing a part-time MBA from University of Leicester.

Kerstin joined BCOM as Head of Research in 2012 and in 2014 was appointed Vice Principal and then the Principal of BCOM. She regularly supervises student research projects and has established a well-developing record in research and journal publications.

Dr Arjmand Saaid
MB CHB, PhD (neuro-anatomy), Dip Trop Med, FAETC
Modules: MOST4019 Anatomy 1 – Musculoskeletal Anatomy
MOST4020 Anatomy 2 – Neuro-Anatomy
MOST5017 Anatomy and Physiology
MOST7007 Clinical Obs & Gynae, Dermatology & Gerontology
Email: as@bcom.ac.uk

Dr Saaid trained as a medical doctor and qualified with a MB CHB from Baghdad University in 1974. Then he held clinical posts in Baghdad teaching hospitals and in Baghdad General Hospital. He also worked as a Research Assistant and then as lecturer in the anatomy department of Baghdad Medical School.

Dr Saaid got a PhD in Neuro-anatomy from University College Galway, Ireland in 1985, and later lectured in the anatomy department of that university. He was awarded a Diploma in Tropical Medicine from the Royal College of Surgeons Ireland in 1985. He briefly returned to Iraq to lecture in Baghdad Medical School and subsequently also worked as a demonstrator at St. Georges Medical School. In 1994 he obtained a Teachers’ Certificate in Further and Adult Education (FAETC).
Dr Saaid joined BCOM in 1989, using the facilities for dissection and research in the dissection room at University College London (UCL). He is currently the Head of Anatomy at BCOM, and teaches Anatomy modules to Year 1 and 2 students and clinical subjects to fourth year students.

Ms Jemma Sager
BSc (Hons) Ost Med, ND, DO
Module Leader MOST6011 Clinical Theory and Practice
MOST7004 Practice Management, Ethics and Audit
MOST7012 Osteopathic Clinical Practice
BOST612 Reflective Practice and Audit
Head of Department: MOST4018 Principles of Naturopathic Osteopathy
MOST5020 Pathology and Diagnosis
Email: jsager@bcom.ac.uk

Jemma began her career as a management consultant, before embarking upon a career in osteopathy. She graduated from BCOM with a BSc (Hons) Osteopathic Medicine, Diploma in Osteopathy and Naturopathy Diploma and joined a busy, multi-disciplinary practice. Jemma is currently the Head of BCOM Clinic.

Christian Scharsach
BSc (Hons) Ost Med, ND, BSc (Hons) Physics
Module Leader MOST5018 Biomechanics
Email: cscharsach@bcom.ac.uk

Christian graduated from BCOM in 1995 with a BSc degree in Osteopathic Medicine and a Diploma in Naturopathy. He has undertaken extensive post-graduate training in cranial osteopathy. Before embarking on an osteopathic career, Christian gained a BSc degree in physics and worked for some years in the field of fibre optic communications.

Christian joined BCOM’s teaching faculty in 1999 and teaches Osteopathic Diagnosis and Osteopathic Technique and Clinical Osteopathy. He is the lead lecturer for Biomechanics (Spinal Mechanics). He also supervises student research projects.

Dr Bianca Serwinski
PhD Health Psych (to be completed in 2017), MSc Health Psych , BSc Psych
Module Leader MOST6015 Psychology
Email: bserwinski@bcom.ac.uk
Bianca joined BCOM in 2015 as a Lecturer in Psychology and Psychosomatics. At BCOM, Bianca is the lead lecturer for year 3 psychology module and shares the teaching of year 4 clinical psychology with a colleague. Bianca also supervises.

Bianca graduated with a Bachelor of Science in Psychology from University of Kent, and then she went on to do an MSc in Health Psychology from University College London (UCL) and is currently in the final stages of completing her PhD in Health Psychology from UCL (funded by the Medical Research Council). Bianca’s particular research interests are in the areas of Psychoneuroendocrinology, Psychobiology, Cortisol and Stress.

Bianca lectures Health Psychology and Psychosomatics at Council on International Educational Exchange. She also teaches at UCL’s MSc Health Psychology course. She is a visiting lecturer for the BSc Behavioural Medicine course at St George’s Medical School.

Dr Massud Wasel  
M.D., BSc (Hons) in Osteopathy, Naturopathy Diploma, PGCAP  
Module Leader MOST5020 Pathology & Diagnosis  
Email: mwasel@bcom.ac.uk

Dr Massud Wasel, MD, DO, ND, BSc (Hons) P.G.C.A.P has many years experience in E.N.T. and Accident & Emergencies in several countries. Dr Wasel graduated in Kabul University Faculty of Medicine in 1978. After that, he relocated to Belorussia where he continued his medical studies and internship at the Belarusian Medical Institute in Minsk. Dr Wasel completed additional studies at the College of Osteopaths Educational Trust in conjunction with the Middlesex University and graduated as registered Osteopath and Naturopath in 2003. In 2007 he completed his Diploma in Teaching for Professionals and became a Fellow of the Higher Education Academy.

Since 2003 Dr Wasel is a Senior Clinic Tutor and Lecturer in Pathology & Diagnosis and Pharmacology. He is also an international lecturer in the European Union and other countries.

### 3.4 Course Contact List

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<th>Email</th>
<th>Extension</th>
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<tbody>
<tr>
<td>BCOM Reception</td>
<td>020 7435 6464</td>
<td></td>
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<tr>
<td>Clinic Reception - direct</td>
<td>020 7435 7830</td>
<td></td>
<td></td>
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<tr>
<td>Library – direct</td>
<td>020 7443 9910</td>
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<tr>
<td>Dr Kerstin Rolfe</td>
<td>Principal</td>
<td><a href="mailto:krolfe@bcom.ac.uk">krolfe@bcom.ac.uk</a></td>
<td>340</td>
</tr>
<tr>
<td>Manoj Mehta</td>
<td>Head of Osteopathy</td>
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<td>333</td>
</tr>
<tr>
<td>Fiona Hashani</td>
<td>Registrar</td>
<td><a href="mailto:fhashani@bcom.ac.uk">fhashani@bcom.ac.uk</a></td>
<td>357</td>
</tr>
<tr>
<td>Joanne Szust</td>
<td>Registry &amp; Admissions Officer</td>
<td><a href="mailto:registry@bcom.ac.uk">registry@bcom.ac.uk</a></td>
<td>330</td>
</tr>
<tr>
<td>Jenny Harrison</td>
<td>Admissions Officer</td>
<td><a href="mailto:admissions@bcom.ac.uk">admissions@bcom.ac.uk</a></td>
<td>327</td>
</tr>
<tr>
<td>Dr Caroline Green</td>
<td>Librarian</td>
<td><a href="mailto:cgreen@bcom.ac.uk">cgreen@bcom.ac.uk</a></td>
<td>230</td>
</tr>
<tr>
<td>Harry Cowling</td>
<td>Facilities &amp; Estates Manager</td>
<td><a href="mailto:hcowling@bcom.ac.uk">hcowling@bcom.ac.uk</a></td>
<td>324</td>
</tr>
</tbody>
</table>
3.5 Staff / Student Communication

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
<th>Email address</th>
<th>Extension number</th>
<th>Contact for</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr Kerstin Rolfe</td>
<td>Principal</td>
<td><a href="mailto:krolfe@bcom.ac.uk">krolfe@bcom.ac.uk</a></td>
<td>340</td>
<td>Programme lead, Study skills</td>
</tr>
<tr>
<td>Manoj Mehta</td>
<td>Head of Osteopathy</td>
<td><a href="mailto:mm@bcom.ac.uk">mm@bcom.ac.uk</a></td>
<td>333</td>
<td>Student issues, learning support, extenuating circumstances</td>
</tr>
<tr>
<td>Fiona Hashani</td>
<td>Registrar</td>
<td><a href="mailto:fhashani@bcom.ac.uk">fhashani@bcom.ac.uk</a></td>
<td>357</td>
<td>Student issues, learning support, extenuating circumstances</td>
</tr>
<tr>
<td>Joanne Szust</td>
<td>Registry &amp; Admissions Officer</td>
<td><a href="mailto:registry@bcom.ac.uk">registry@bcom.ac.uk</a></td>
<td>330</td>
<td>Student issues, learning support, extenuating circumstances</td>
</tr>
<tr>
<td>Dr Caroline Green</td>
<td>Librarian</td>
<td><a href="mailto:cgreen@bcom.ac.uk">cgreen@bcom.ac.uk</a></td>
<td>230</td>
<td>Library issues, study skills</td>
</tr>
<tr>
<td>Jemma Sager</td>
<td>Head of Clinic</td>
<td><a href="mailto:jsager@bcom.ac.uk">jsager@bcom.ac.uk</a></td>
<td>234</td>
<td>Clinic issues</td>
</tr>
<tr>
<td>Harry Cowling</td>
<td>Facilities &amp; Estates Manager</td>
<td><a href="mailto:hcowling@bcom.ac.uk">hcowling@bcom.ac.uk</a></td>
<td>324</td>
<td>Report IT problems, facilities problems</td>
</tr>
</tbody>
</table>

BCOM and programme staff will communicate with students in the following ways:

- Student BCOM Email address
- Institution extranet/ intranet / virtual learning environment (Osteonet). All module information is available on Osteonet under ‘Syllabus’, assessment schedule can be found under Registry and all coursework guidelines can be found under lecture handouts under the appropriate module name.
- Plymouth University Student Portal (see section below)
- Programme Notice-Board Front page of Osteonet

4 Programme Structure and Pathways

Course Code: 4592

Full / Part Time: F/T

Programme Structure for M.Ost (Masters in Osteopathy)
## Level 4 (Year 1)

<table>
<thead>
<tr>
<th>Module Code</th>
<th>Module Title</th>
<th>No. of Credits</th>
<th>Core / Optional</th>
<th>Term/ Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOST4019</td>
<td>Anatomy 1: Musculoskeletal Anatomy</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST4020</td>
<td>Anatomy 2: Neuro anatomy</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST4015</td>
<td>Gastrointestinal system, nutrition and biochemistry</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST4021</td>
<td>Osteopathic Practice 1</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST4017</td>
<td>Physiology 1</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST4018</td>
<td>Principles of Naturopathic Osteopathy</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
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</tbody>
</table>

## Level 5 (Year 2)

<table>
<thead>
<tr>
<th>Module Code</th>
<th>Module Title</th>
<th>No. of Credits</th>
<th>Core / Optional</th>
<th>Term/ Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOST5017</td>
<td>Anatomy &amp; Physiology</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST5018</td>
<td>Biomechanics</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST5013</td>
<td>Exercise Physiology</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST5014</td>
<td>Nutrition &amp; Dietetics</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST5019</td>
<td>Osteopathic Practice 2 includes Osteopathic Diagnosis</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST5020</td>
<td>Pathology &amp; Diagnosis includes Clinical Methods</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
</tbody>
</table>

## Level 6 (Year 3)

<table>
<thead>
<tr>
<th>Module Code</th>
<th>Module Title</th>
<th>No. of Credits</th>
<th>Core / Optional</th>
<th>Term/ Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOST6011</td>
<td>Clinical Theory &amp; Practice</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
</tbody>
</table>
### Module Table

<table>
<thead>
<tr>
<th>Module Code</th>
<th>Module Title</th>
<th>No. of Credits</th>
<th>Core / Optional</th>
<th>Term/ Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOST6017</td>
<td>Musculoskeletal Conditions</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST6018</td>
<td>Osteopathic Techniques</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST6016</td>
<td>Paediatrics</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST6015</td>
<td>Psychology</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST6016</td>
<td>Research Methods</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
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#### Level 7 (Year 4)

<table>
<thead>
<tr>
<th>Module Code</th>
<th>Module Title</th>
<th>No. of Credits</th>
<th>Core / Optional</th>
<th>Term/ Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOST7007</td>
<td>Practice Management, Ethics &amp; Audit</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST7007</td>
<td>Clinical Obstetrics, Gynaecology, Dermatology &amp; Gerontology</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST7008</td>
<td>Clinical Rheumatology &amp; Orthopaedics</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST7009</td>
<td>Clinical Psychology</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST7012</td>
<td>Clinical osteopathic Practice</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
<tr>
<td>MOST7011</td>
<td>Research Investigation</td>
<td>20</td>
<td>Core</td>
<td>Term 1,2,3</td>
</tr>
</tbody>
</table>

### The Plymouth Online Study Guide

As a Plymouth University student you are able to access the University’s e-resources through the Plymouth portal (the University’s internal staff and student website).

There is access to over £2 million of e-resources and e-journals in a variety of different subject ranges which can be used to support your studies. This link takes you to the Plymouth University Library page and if you then click on ‘Popular Links’ – ‘Your Library Subject Guide’ then ‘partner institutions’ it will lead you to your institution pages which are essential to familiarise yourself with Plymouth services and e-resources.
In addition the University has created a Student Study Guide available at www.studywithplymouth.ac.uk which signposts you to a wealth of resources including UPSU (University of Plymouth Students’ Union), Study Skills Guides and using the portal. You can also apply for a Plymouth University Card which will allow you swipe access to the Plymouth University Library as well as acting as an identity card. You can also find information about how to forward your University emails to your preferred email address, ensuring you receive the necessary Plymouth University communications throughout your studies. Please forward your emails on to prevent missing key communications from tutors especially around the topics of module choice and dissertation choice as you enter level 5 study.

To access the Plymouth portal:
- Type in http://student.plymouth.ac.uk into your browser OR if you want to go in via the extranet, key in www.plymouth.ac.uk and then click Login.
- Enter the **username** and **password** given to you by your Programme Manager or Learning Resource Staff member.

You will automatically have a **Plymouth University e-mail account** accessed through ‘myEdesk’ which includes E-mail, calendar, contacts, (OWA) structured as follows: Firstname.Surname@students.plymouth.ac.uk. Your password will always be given in this format Dob.dd/mm/yyyy e.g. Dob.10/07/1984. You can change your password once into the portal however please make sure it is something memorable as you will need it throughout your studies.

**How to Change or Reset your Password**
- To change your password at any time - click on the ‘Change Password’ on the top right hand side of the homepage.
- If you have forgotten your password follow this link: http://www.plymouth.ac.uk/password.

The University subscribes to lynda.com - a comprehensive library of video-based training resources available to all staff and students. Lynda provides a wide range of tutorials dedicated to increasing knowledge across a varied range of subject area and is available at http://lynda.plymouth.ac.uk/.
5.1 University Computing Helpdesk

If you have any problems when you are creating your computer account or logging into the student portal or if you can’t access the information you need, please contact the University’s computing helpdesk by email: libraryandITenquiries@plymouth.ac.uk or by phone on: (01752) 588588. You could also enquire within your Institution’s HE Office as they have access to the University password changer tool.

5.2 Mobile with Plymouth

The free official Plymouth University app is the must have resource for students or prospective students. It is full of helpful University information that is easily accessible wherever you are. Available at: https://www.plymouth.ac.uk/your-university/about-us/university-structure/service-areas/it-services/mobile-with-plymouth-university

6 Your Library - Learning Resources

The institution provides resources that you need to successfully complete your studies. You will be introduced to these resources during your induction into the institution library. You will also be inducted in how to borrow books, access online materials, use systems and obtain the necessary resources to assist you with your studies.

- Computing including VLE and Wi-Fi / printing arrangements and connection instructions
- All information is located on Osteonet or through the library
  - ID Cards
  - Borrowing guidance including renewals
  - USB stick with handbooks and How to Guides

If you have identified materials or resources that would be useful to other students or if you feel that the resources you can reasonably expect are not available e.g. online, library, physical materials etc., report this as soon as possible to the appropriate member of the academic or support staff. If you judge the response inadequate, contact your Programme Manager and student representative so that the issue can be addressed at the next Programme Committee Meeting.

6.1 Your Virtual Learning Environment

BCOM has developed its intranet/extranet into a site named Osteonet. Staff and students are allocated a unique log-in and password upon induction into BCOM. BCOM intentionally drip-feed programme materials to students at the most opportune and least overwhelming junctures in the learning schedule and Osteonet is a very valuable tool in achieving this. As far as the student body is concerned, the primary roles of Osteonet are to permanently publish the timetable, lecture handouts and other programme materials, a comprehensive range of core documents and guidelines across all BCOM programmes, copies of all forms, for example those normally available through Registry, research abstracts and projects, official management and validation documents, among many other types and schedules of BCOM academic material.
In addition BCOM students registered on a Plymouth University programme have access to University online resources, for example electronic journals.

All BCOM students are allocated a BCOM email address and a log in for the BCOM network. There is a separate log in for Osteonet. Passwords for Osteonet can be re-set by the user by clicking on the front page of Osteonet (Forgotten Password). Password re-sets for the BCOM network are actioned by an administrator upon email request to admin@bcom.ac.uk.

- Module guides can be found on Osteonet under Syllabus at: http://osteonet.bcom.ac.uk/index.php?fuseaction=document.viewPage&page_id=1
- All lecture material can be found on Osteonet under Lecture Handouts.
- Study skills are available on Osteonet under Lecture Handouts and the module study skills.
- The ‘How to Reference’ Guide is available on Osteonet under Study skills, available on your BCOM USB stick and available in the library

6.2 IT Facilities & WIFI

Students have dedicated access to a number of desktop computers in the Library computer room and the Clinical Students’ computer room. Print, scan and copying facilities are available. Microsoft Office is BCOM’s standard software suite and offers word processing, spreadsheet and presentation packages. In addition students have access to specialized statistical software, dietary analysis software and exercise templates for patients. Wi-Fi is available throughout the college.

In the first instance, the Facilities & Estates Manager at BCOM can be contacted on computing and IT issues.

6.3 Room Access

Student common room and canteen is open to all students though we do ask that you keep the communal areas tidy. Practical rooms in Lief House are available to use to practise when there are no lectures occurring, the room will have a time table associated with it, which can be checked for availability.

6.4 Programme Specific Resources

- Year 1 & 2 Dissection at UCH
- Physiology laboratory from year 3 under the supervision of research staff. Equipment needs to be booked in the laboratory diary.
- Skeletons and Models are available in the library for student use.
- First Aid Course in Year 2 which is compulsory before entering year 3 clinic

7 Student Voice including Representation, Feedback and Evaluation

Your opinions and needs, often known as ‘Student Voice’ are an important aspect of being an HE student. The Quality Assurance Agency (QAA) for Higher Education suggests that ‘Student engagement is all about involving and empowering students in the process of shaping the student learning experience’. Thus the Student Voice is really important and as such we actively encourage all students to get involved at a range of levels in their learning and in quality assurance, enhancement and management of their course.
Annual Module and Programme Evaluation

At the end of the academic year, individual student evaluation questionnaires are distributed to all students enrolled to ascertain feedback on the content and delivery of the module. The student evaluation questionnaires are collated and analysed along with module evaluation questionnaires distributed to module leaders. The student feedback is fed back directly to the module leaders and their line managers and feedback will be discussed at the Programme Committee.

### 7.1 Course Representatives and the Feedback loop

Each programme should have one or more student representatives elected by their fellow students to sit on the Programme Committee. Each cohort nominates 2 representatives as student representatives. Course representatives are a vital conduit, linking staff and students so that issues of quality of provision affecting students can be promptly and appropriately addressed. In addition, representatives provide feedback to the programme’s staff on innovations and can assist the programme team in developing the curriculum to meet student needs. Students are also represented on Plymouth University Joint Board of Studies (JBS), which scrutinises all the Plymouth University programmes delivered at your institution. Course representatives are will feedback from the meetings to all students on the programme demonstrating the impact of student voice and report on changes made to the programme based on feedback.

Your institution will have a person who liaises with Plymouth University’s Students’ Union who can advise on student representation.

BCOM also has its own Student Union and officers are elected each year and which you can join. The Union has its own page on Osteonet [http://osteonet.bcom.ac.uk/student-union](http://osteonet.bcom.ac.uk/student-union). This gives details of the current Student Union Reps. The page is run by and for the Student Union and can be used to post student news items and share information. It includes a forum for students to share study notes.

More information about becoming a course representative is available via the University of Plymouth Students’ Union: [http://www.upsu.com/studentvoice/reps/](http://www.upsu.com/studentvoice/reps/)

### 7.2 Student Voice

The ‘Student Voice’ is very important to us here at BCOM and Informal feedback from students is welcomed by staff.

**Feedback from students on modules and programmes**

Student feedback at BCOM, both as an individual and as part of a cohort, is achieved through various routes. Individual student feedback is collected and collated through the annual Module Feedback exercise and by contact with personal tutors. As part of a cohort the individual students are enabled to send representatives to, and are an integral part of the formal minutes of a number of committees. These include the Board of Governors (BoG), the Programme Committee, academic board, and the Research Ethics Committee. The complete committee structure at BCOM is contained within the Governance and Committee Structure, published on Osteonet. Students are also invited to meet the BoG at an annual, open debate forum. This invitation serves to demonstrate the transparency of the Governance of the College, whilst also serving as an opportunity for students to voice concerns. BCOM also has
an independent Student Union who represent student views and whose representatives are invited to attend Board of Governors (BoG) meetings. Students' cohort representatives are also involved in the annual monitoring processes of the University.

**Annual Module and Programme Evaluation**

At the end of the academic year, individual student evaluation questionnaires are distributed to all students enrolled on the module to ascertain feedback on the content and delivery of the module. The student evaluation questionnaires are collated and analysed along with module evaluation questionnaires distributed to module leaders to contribute towards the Collaborative Performance Appraisal Form the College submits to the University annually.

**Ethics Committee**

Student Union Representatives are invited to attend the BCOM Research Ethics Committee which convenes, on demand, typically twice per year. A student presence on the committee mainly serves as a demonstration of the ethics application and deliberation process but also ensures transparency in decisions made by the committee, which may affect individuals or groups of students.

The University values the Student Voice and is actively promoting the work supported through the student community. More information can be found at [https://www.plymouth.ac.uk/student-life/student-voice](https://www.plymouth.ac.uk/student-life/student-voice)

### 7.3 Electronic Student Perception Questionnaire (e-SPQ) and National Student Survey (NSS)

The University will invite you (via your Plymouth University student email account) to complete an annual online questionnaire (e-SPQ) specifically focused on your experiences as a Higher Education student. You will also be asked to participate in the National Student Survey (NSS) at the end of your programme. Both of these provide valuable information to enable us to improve your programme and learning experience. You will receive feedback from tutors on changes that have been made due to your feedback so it is key to engage with these surveys to have your voice heard.

### 7.4 University of Plymouth Students’ Union

BCOM also has its own Student Union and officers are elected each year and which you can join. The Union has its own page on Osteonet [http://osteonet.bcom.ac.uk/student-union](http://osteonet.bcom.ac.uk/student-union). This gives details of the current Student Union Reps. The page is run by and for the Student Union and can be used to post student news items and share information. It includes a forum for students to share study notes.

All students registered on Plymouth University courses are automatically a member of UPSU. You can visit our website...
www.upsu.com to get all the latest information about the services we offer; discounts, activities, gigs, campaigns and contact information for your current Lead Student Reps and full-time Executive Officers. To stay on top of all the opportunities UPSU offer you can sign up to the Partner Student Newsletter; a monthly update of opportunities for students at Partner Colleges. Visit www.upsu.com/partnerstudents to sign up.

We encourage all students to get involved with a variety of aspects of UPSU life, whether that be campaigning for change, becoming a course rep, coming along for a night out, volunteering, playing for a sports team, writing for our student newspaper or using our Advice Centre. UPSU Advice Centre offer free, confidential and non-judgmental support, on academic issues, housing, and finance. There are loads of opportunities to learn new skills, meet new people and support you through your studies.

Your main contacts at UPSU are the Vice President of International and Outreach and the Outreach Co-ordinator:

The Vice President of International and Outreach is there to represent Partner College Students by visiting, meeting and communicating with Partner College Students as well as attending strategic boards and committees to champion the Student Voice and make your views heard.

The Outreach Coordinator is responsible for providing a link between Partner College Students and UPSU, and promoting opportunities for involvement. If you would like to get in touch, please contact: partnershipstudents@upsu.com

8 Teaching, Learning and Assessment

8.1 Formative and Summative Assessment

Module documents and guides are available on Osteonet. All coursework, presentations etc have guidance available on Osteonet. An example is shown in the Appendix of this document.

Your performance in a module will be assessed during the academic year, normally through a combination of coursework and end of year examinations. You must pass the assessments in order to be credited with that module for your award. In addition, some modules may have to be passed as pre-requisites for others taken later in your programme.

The method of assessment varies between modules and your lecturers will advise you of the method(s) to be used. This reflects the need to develop a range of different knowledge, understanding and skills. During your programme you may experience some, or all, of the following types of assessment:

- Coursework essay questions
- Coursework case study problems
- Group presentations
- Practical’s
- Formal examinations
- In-class tests
- Portfolios
- Research project
• Research presentation
• ICSE
• Vivas

In all cases these are chosen and designed to assess your achievement of the particular learning outcomes for the module. Assessment Criteria which are used to judge the extent of your achievement are available on Osteonet.

Please note that ALL assessment marks and results are provisional until confirmed by the Subject Assessment Panel and verified by the Award Assessment Board.

Please reference the Benchmarking Skills Map within the Programme Specification for further details on how the teaching, learning and assessments are achieved within each module. This can be found within your Programme Quality Handbook.

9 Indicative Programme Assessment Schedule, Assessment Flowchart and Hand in Process
Assessment timetables are available for each cohort on Osteonet. These are sent to both faculty and the student body for feedback prior to being accepted by Management. Students are asked to feedback at the start of the academic year any concerns with the timetabling of assessments.

BCOM prides itself on the feedback given to students. The feedback should enable you to understand how you were awarded marks and were the work could be improved. Module leaders are happy to go over marked work on an individual basis.

Assessment Flowchart

- **Marking Stage**: Student submits assessment e.g. sits exam or completes assignment.
- **Internal Moderation Stage**: Unconfirmed marks and assessment feedback given to students within 20 working days of deadline.
- **External Moderation Stage**: Internal moderation samples are selected. Moderation undertaken by a second academic.
- **Subject Assessment Panel Stage**: Marks submitted to Subject Assessment Panel (SAP) for consideration and approval.
- **Confirmed marks issued to students.**
- **Marks approved by SAP and forwarded to Institution Award Board.**
10 Submission of Assessed Work

Submitted coursework is normally submitted through the coursework box located as a hard copy in the Lief House Seminar room (1st floor) by 16.30 the day of submission. A .pdf version of the coursework must also be emailed to coursework@bcom.ac.uk by 16.30 the day of submission. Coursework that has different modes of submission will be noted on the Module TLA guides and students will be notified by the registry team via the student BCOM email address.

11 Return of Assessment and Feedback

Written feedback and the provisional marks will be available usually 20 working days after submission. Marks are provisional until ratified by the assessment board. Registry will inform students via their BCOM email address when coursework is ready for collection.

ISCE feedback is given immediately after assessment. Results are provided through Registry once the Head of Osteopathy has moderated the provisional assessment marks.

11.1 Referencing Guide

Online support available through the University Referencing Library Guide including the online version of 'Cite them rite'.

11.2 How to reference using the Harvard Referencing System

Please ensure that you are citing the correct reference.

The Plymouth University Library has produced an online support referencing guide which is available here: http://plymouth.libguides.com/referencing.

Another recommended referencing resource is Cite Them Right Online; this is an online resource which provides you with specific guidance about how to reference lots of different types of materials. From books to TV shows, journals and podcasts it is expanded regularly to include new types of source material. Although based on the Harvard Referencing System it is useful for all students no matter which referencing system is preferred by their institution.

When the Harvard system is used, acknowledgement of the work of others appears within the text; it includes making direct quotes and paraphrasing. (NB Footnotes do not need to be used with this system; however, your tutor may allow you to use them to expand or qualify points in the text). You need to note the author’s surname, followed by the year of publication and, for a direct quote, the page number.

- Where you are citing from more than one work published by an author in one year you add a lower case letter after the year eg (Bloggs 1994a).
- Where there are two authors, give the surnames of both authors.
- Where there are three or more authors, give the surname of the first followed by et al. There are several ways in which these references can be made; there are some examples below. (The full details of sources are given in the list of references at the end; see the next section).
Quotation
If you take a passage, a sentence, a phrase, or even a distinctive word from a book, article, or other source you must put the borrowed material in single quotation marks (with double quotation marks for a quote within a quote). Quotations and their introductory clauses need to be grammatically complete. If something is left out of the original quote then three dots should be used to show the omission. If you add words, these should be in square brackets.

eg
He lists twenty-four names of people who had ‘felt hitherto strange and unfamiliar desire to have images formed by light spontaneously fix themselves’ from as early as 1782 (Batchen 1990: 9).

eg
Whilst Williams (1989) suggested that ‘schools in Devon are...’

A longer quotation (more than three lines) should be indented and single spaced in a separate paragraph.

eg
Terry Eagleton explicitly links Freud’s psychoanalytic theories with his politics, claiming that his limitations as a political thinker were conditioned by his own historical circumstances.

When Freud turns to directly political themes, a notable coarsening of his intelligence sets in; like many a bourgeois intellectual, his ideological obtusenesses are at war with his native wit. If Freud had lived through a different, more hopeful political history, much in his theoretical doctrine would have been transformed. (Eagleton 1990: 283)

Paraphrase
If you paraphrase or summarise information or ideas from a book, article, or other source you must take great care to put the information into your own words, and you must, again, clearly indicate the source from which the information came.

eg
Biographies of Rossetti tend to differentiate the successive stages of his career by associating each of them with a particular woman in his life (Prettejohn 1997: 9).

eg
E. H. Carr has observed that is a construct consequent upon the questions asked by the historian (Carr 1964).

eg
In a further article (Johnson 1989a) it is argued that...

eg
In this article (Nicholls et al. 1990) the view is taken that...

eg
This finding has been confirmed by other researchers in the United States (Smart 1986; Billings and Brown 1990).

Secondary Citation
Sometimes you need to cite the ideas of an author that were referred to in someone else’s writing, though, where possible, you should try to read the original source. You must show that you used the secondary source.

**eg**
Learmouth (1978 cited in Short 1984) acknowledges that it is impossible to...

### List of Sources (Bibliography)

#### Introduction

All written work should include a list of sources at the end detailing, in alphabetical order by author, all the sources you used to research the topic. (You may divide it into sections according to the format of the resources from which you have obtained information eg Books and Journals; Films; Websites etc.).

When there are two authors, cite them both. For three or more authors cite the first author followed by *et al.*

The following guide combines the conventions used in the Harvard System and the style recommended by the Faculty of Arts.

**Book**
Surname and initials of author (*if editor/editors, put ed./eds in brackets after the name*)
Year of publication (in brackets)
Title of book (in italics)
Edition (omit if first edition)
Place of Publication
Publisher
Page or chapter numbers if needed

**eg**

**Article in edited book**
Surname and initials of author
Year of publication (in brackets)
Title of article (in quotation marks)
In , then surname and initials of editor/editors of book, followed by (ed.)/(eds)
Title of book (in italics)
Place of publication
Publisher
Page numbers.

**eg**

**Article in journal/newspaper**
Surname and initials of author
Year of publication (in brackets)
Title of article (in quotation marks)
Title of journal (in italics)
Volume number (in bold)
Part number (in brackets)
Page number(s).

eg

**Video and Film**
Title (in italics)
Year of release (in brackets)
Medium
Director
Other relevant detail re writers, performers etc.
Distributor
Other relevant detail re physical characteristics eg size, length of film

eg

If you are citing the relevance of a particular individual, begin with that person’s name and contribution.

eg

**Television / Radio Programme**
Title of programme (in italics) or, when in series, title of programme (in quotation marks) and title of series (in italics)
Broadcast date
Other relevant detail re producer etc.
Network
Other relevant detail re physical characteristics, length of programme etc.

Video, 45 minutes.

If you are citing the relevance of a particular individual, begin with that person’s name and contribution.

eg
Video, 55 minutes.

**World Wide Web Document**
Author or editor (if known)
Title of document (in quotation marks) followed by Online (in square brackets)
Location of document (full web address)
Access date (in square brackets)

eg Brown, M. ‘Impressionist painting’ [Online]  [http://www.fisk.edu] [27th September 1999]
Article in Electronic Journal

Author
Year of publication
Title of article (in quotation marks)
Title of journal (in italics)
Type of medium (in square brackets)
Volume, part of journal
Location of document (full web address)
Pages (if given) or other indicator of length
Available: Supplier/ Database name/ Identifier or number (if given)
Access date (in square brackets)


Miscellaneous
For information about citing letters, computer software, music recordings, performances, works of art, interviews, maps etc. please refer to the *MLA Handbook for Writers of Research Papers*. Please note that when using these examples the elements of the entry are suitable for Harvard, but that you need to put the date of publication in round brackets after the first element.

Use of Latin
You will encounter a variety of Latin abbreviations in references, especially if the book or article is more than twenty years old. A list of the four most common abbreviations is given below. (It is not necessary to use these when using the Harvard referencing system).

1. *ibid.* [short for ibidem] meaning “in the same book, chapter etc.” and used when a reference is given to the same source as the immediately preceding reference. For clarity you should add the page number.

eg
60. *Ibid.*, p. 84


3. *op. cit.* [short for opere citato] meaning “in the work already quoted”
Both *loc. cit.* and *op. cit.* are used when the full reference has already been given in an earlier footnote, but not in the immediately preceding one. For clarity, you should add the page number of the relevant passage and also the date if the author has more than one source listed in your footnotes.

passim [from passus meaning scattered] and used when a point is made in many places, here and there or throughout a passage, a chapter or even a whole book.

eg a reference to ‘pp. 60-80’ might indicate a concentrated discussion of an idea, whereas ‘pp.60-80 passim’ shows that the idea makes numerous, but sporadic appearances.

BCOM Resources are available on Osteonet’ How to Reference’ and in the library.
12 Exit Awards

Successful completion of Level 4 (year 1) and leave the course: Certificate HE
Successful completion of level 5 (year 2) and leave the course: Dip HE
Successful Completion of Level 6 (year 2) and leave the course: BSc Applied Science
Successful completion of all Modules with the exception of MOST7011 (Research investigation): awarded B.Ost Med (RQ by GOsC)

13 Progression to Further Study & How Your Marks are Calculated

An Integrated Master's Degree will be awarded to a student who has passed 480 credits, including at least 120 at Level 7, a further 120 at Level 6 or above, and a further 240 at Level 4, 5 or above.

An Integrated Master's Degree may be classified, or may be awarded with Commendation and/or with Distinction. Classification will be based initially on the aggregate percentage mark.

Levels 4 : 5 : 6 : 7 will be weighted 1 : 2 : 3 : 4 :

The Level 4 aggregate mark will contribute to the aggregate for the calculation of the classification of the degree only. It will not contribute to the module profile.
If a student completes an exchange year, the weighting for Level 5 will be carried forward to Level 7. In this instance, the weighting will be 1:0:3:6.

Further Information can be found within the Regulatory Framework documents; both postgraduate and undergraduate documents can be found here: https://www.plymouth.ac.uk/student-life/your-studies/essential-information/regulations

13.1 Employment Opportunities including WBL /WRL

As a student studying Higher Education your programme has been designed to help you to succeed in your career aspirations and has been designed with the involvement of employers. Many of these are prepared to come to your Institution to give talks to students about their working environment and the qualities that they expect in potential employees. Please make every effort to attend such events and to profit from such employer contacts.

Many of your teaching staff will also be able to give you helpful career advice. The Institution Careers Service offers information, advice and guidance to students at all stages of their programme. Careers and future and will be covered in the Practice Management Module in year 4.
Further advice is available from the Plymouth University Careers and Employability Service. As a graduate you will have a wide choice of career opportunities throughout the private and public sectors, both in the United Kingdom and abroad.

14 Work-Based Learning (WBL) / Work Related Learning (WRL) and Employability

WBL and WRL, in its various forms, is one of the major defining characteristics of your studies. It plays a central role in enabling you to apply academic study to workplace environments and problems. In turn, your programme of study should enable you to integrate knowledge and skills developed in WBL / WRL into your project work and study in taught modules.

An employable graduate is one who is able to meet the requirements of employers and fulfil their career aspirations at a graduate level. They will be able to apply the skills, knowledge and personal qualities developed during their programme to the workplace and other contexts. An employable graduate will need to be able to:

- Demonstrate and apply graduate attributes and skills;
- Demonstrate and apply career management skills: e.g. preparing effectively for the recruitment and selection process;
- Demonstrate and apply lifelong learning skills: e.g. reflecting critically on academic, personal and professional development, identifying and articulating achievements and planning for the future;
- Demonstrate business and organisational awareness: e.g. understand changing working practices, including self-employment, with particular reference to the professions and sectors relating to their programme of study;
- Demonstrate an international outlook: e.g. understanding the attributes and breadth of outlook appropriate for working in a global economy.

Your programme has been designed to put all this in perspective, and give you the opportunities to develop the requisite skills. Work-related skills are integral to the modules and many specifically offer you the opportunity to experience the world of work, even if you are studying full time. Your programme specification details the knowledge, skills and
understanding you will be able to demonstrate when you gain your award which is available in your Programme Quality Handbook.

BCOM runs a module in year 4 which is specific for osteopaths and their careers including setting up your own practice, marketing, tax and other careers/courses available to you once you graduate.

15 United Kingdom Visas and Immigration (UKVI)

If you are an EEA (European Economic Area) or Swiss national you are entitled to enter the UK freely and have automatic right of residence for up to three months without needing to demonstrate that you are exercising a right of free movement (or right to reside), for example, to study or work.

Thereafter, you must be in the UK exercising a right to reside. Once you have enrolled at your partner institution/Plymouth University you will have the right to reside, provided you meet the requirements around having comprehensive sickness insurance (CSI).

The European health insurance card (EHIC) is acceptable evidence of CSI and can only be obtained from your country of residence therefore please obtain this before you travel to the UK. For more information on CSI, exercising your right to reside and right of permanent residence, please visit the UK Council of International Student Affairs website, https://www.ukcisa.org.uk/Information--Advice/EEA--Swiss-Students/Staying-in-the-UK-as-a-student.

If you are from outside the EU the compliance / immigration team at your college will need to check that you hold the correct visa that permits study in the UK. If you require a Tier 4 visa for study in the UK, they will be required to ensure you meet all Tier 4 requirements before issuing you with a CAS, so you can apply for a Tier 4 visa. Copies of your visa and passport will need to be checked and stored by your college at enrolment and there may be other processes connected with immigration compliance that you will be expected to follow For further information please contact your Immigration/Compliance/International team:

If you are an international student and you need advice please contact Miss Fiona Hashani, Registrar about attendance or Ms Jenny Harris, Head of Admissions, concerning your visa.

Plymouth University publish regular updates specifically for new and current international students. Please find these here: https://www.plymouth.ac.uk/international/compliance/updates

International Students studying in the UK are able to access specialist services and guidance through Plymouth University’s International Student Advice team (ISA). From the day you accept an offer, right through to graduation, they will offer help and advice so you can get the most out of your studies, and your time in the UK. For more information visit: https://www.plymouth.ac.uk/student-life/services/international-students/international-student-advisory-service
16 Exam Procedures

Exams are usually at the end of the academic year and will be timetabled on your assessment schedule. Formative assessments are provided for a number of the practical based assessments, which are run as if summative to prepare you for your final year exams. It is recommended that students use the formative assessments to understand their knowledge and receive feedback from the tutors.

For essential help and information about exams follow this link: [https://www.plymouth.ac.uk/student-life/your-studies/essential-information/exams/help-and-support-for-exams](https://www.plymouth.ac.uk/student-life/your-studies/essential-information/exams/help-and-support-for-exams)

16.1 External Examiner Arrangements

Each programme has an External Examiner who comes from a Higher Education Institution in the UK (not Plymouth University). The Subject External Examiner is primarily concerned with the standards of assessment of the subject and therefore attends the subject assessment panel. They will verify the process of assessment throughout your modules advise upon re-assessment (further information can be found within your teaching learning and assessment handbook). Your final result is decided by an Examination Board which happens in June followed by resit boards in September.

You can find your External Examiner reports online through the Digital Learning Environment or DLE ([https://dle.plymouth.ac.uk/](https://dle.plymouth.ac.uk/)): click on “Tools/Resources” then “Your External Examiners”. For further programme external examiner details please see your teaching, learning and assessment handbook.
16.2 Academic Matters - Procedures for dealing with late submissions and extenuating circumstances

For more detailed programme guidance please see your Programme Quality Handbook available on your institution website. Your programme operates under Plymouth University Academic Regulations; to view these regulations, go to: https://www.plymouth.ac.uk/student-life/your-studies/essential-information/regulations

16.2.1 Late Work

Work submitted after the deadline will be marked as normal to give you an indication of the standard of your work, but a capped mark of 40% will be recorded if the work is submitted up to 24 hours after the deadline and a zero mark will be recorded after this time. Further information can be found at https://www.plymouth.ac.uk/uploads/production/document/path/8/8388/Section_D_Assessment.pdf. If you have a reason that your work was late i.e. illness etc. you can complete an Extenuating Circumstances Form (see below).

16.3 Extenuating Circumstances

Extenuating Circumstances are circumstances which:

- affect your ability to attend or complete an assessment or a number of assessments
- are exceptional
- are outside your control
- can be corroborated by independent evidence
- occurred during or shortly before the assessment in question

Students who wish to claim Extenuating Circumstances should obtain a claim form from Osteonet. The form should be submitted to Registry accompanied by independent supporting evidence.

Assessed coursework / major project / dissertation or equivalent:
Extenuating Circumstances claims should be submitted as soon as possible, and normally no later than 10 working days after the deadline for the submission of the work.

Formal Examinations:
Extenuating Circumstances claims with respect to formal examinations should be submitted no later than the Monday after the end of the formal examination week.

Examples of extenuating circumstances that are likely to be deemed invalid:

- Alarm clock did not go off
- Car broke down, train/bus delayed or cancelled, other public transport problems (unless the student can demonstrate that he or she had allowed adequate time to compensate for such problems as might reasonably have been anticipated)
- Child care problems which could have been anticipated
- Accidents or illness affecting relatives or friends (unless serious, or you are a sole carer)
- Unspecified short-term anxiety, mild depression or examination stress
- Cough, cold, upper respiratory tract Infection, sore throat, minor viral infection, unless the illness was at its peak at the time of an examination, end-of-module test or in-class test and the corroborating evidence refers to the impact on your performance
- Financial problems (other than cases of exceptional hardship or significant changes in financial circumstances since enrolment)
• Holidays, house moves, family celebrations or other events where you either have control over the date or may choose not to participate
• Computer problems, corrupt data, disk or printer failure or similar
• Problems with postal delivery of work (unless recorded delivery or registered mail)
• Time management problems (e.g. competing deadlines)
• Appointments (legal, medical etc) which could be rearranged
• Sporting or recreational commitments (unless the you are representing the University at national level or your country at international level, or participating in an event that is of benefit to the University’s national or international reputation)
• Debt sanctions imposed by the University.
• Atypical performance
• Close proximity of assessment deadlines to one another.
• E-submission of an assessment file in an incorrect format.

Examples of extenuating circumstances that are likely to be deemed valid:
• Hospitalisation, including operations
• Health problems
• Personal or psychological problems for which you are undergoing counselling or have been referred to a counsellor or other qualified practitioner
• Pregnancy-related conditions and childbirth (including a partner in labour)
• Bereavement causing significant impact/effect
• Major accident or injury, acute ailments or conditions which coincide with an assessment deadline or an examination or test, or are sufficiently long-lasting to impact on a significant part of a term
• Clinical depression or other mental health problem
• Recent burglary/theft/serious car accident
• Jury service which cannot be deferred
• Representing the University at national level or your country at international level, or participation in an event that is of benefit to the University’s national or international reputation.
• For part-time students in full-time employment, exceptional pressure of work or permanent change of employment circumstances. You must submit corroborating documentary evidence (e.g. a letter from your employer) which confirms the particular circumstances, explains why they are exceptional and outside your control and formally supports your claim. If you are self-employed, you must provide independent evidence to support the claim that the pressures are exceptional and outside your control.
• Late diagnosis of, for example, dyslexia, resulting in no support or examination provision.
• Separation or divorce - student or parental (provided the facts and the effects are independently corroborated)
• Unavailability of the student portal prior to the deadline for an assignment or examination where it has been confirmed by the module lead that this would have had a material effect on the preparation for an assessment.
• Examination disruption (e.g. fire alarm going off; excessive noise from building works)
• A significant change to your financial circumstances after enrolment (e.g. a withdrawal of Student Finance England (SFE) funding mid-year).
• Interviews for placements, only in cases where you have asked the employer or provider to reschedule, but this has not been possible. Such claims should be evidenced by a letter from the employer or provider.
The Plymouth University Extenuating Circumstances Policy can be found here: https://www.plymouth.ac.uk/student-life/your-studies/essential-information/exams/exam-rules-and-regulations/extenuating-circumstances

For more support please contact:
Your HE office on: Registr@bcom.ac.uk

UPSU Advice by emailing: advice@su.plymouth.ac.uk calling: 0800 953 0155 or 01752 588373 or visiting http://www.upsu.com/advice

16.4 Academic Offences

Issues of plagiarism and any form of academic dishonesty are treated very seriously. They could result in you failing a module or even having to leave your programme.

The University has developed information on plagiarism which can be found here: https://www.plymouth.ac.uk/student-life/your-studies/essential-information/regulations/plagiarism

Additional support is available from the library as part of their LibGuides: http://plymouth.libguides.com/c.php?q=48936&p=314461

The Plymouth University Library also has a LibGuide providing information regarding referencing: http://plymouth.libguides.com/referencing

There are study guides available on Osteonet concerning how to avoid plagiarism.

Further support on regulations including academic appeals is available from Plymouth University at: https://www.plymouth.ac.uk/student-life/your-studies/essential-information/regulations

16.5 Turnitin

Turnitin (http://www.turnitinuk.com/) is an Internet-based 'originality checking tool' which allows documents to be compared with content on the Internet, in journals and in an archive of previously submitted works. It can help to detect unintentional or deliberate plagiarism.

Turnitin is used in all coursework with the exception of ethics applications. Students in study skills will be given an introduction concerning Turnitin and the first piece of coursework will be a trial for the student to understand both the process and the outcome.

17 Institution Policies

Institution HE Charter
- Student Code of Conduct
- Health & Safety
- Equality & Diversity
- Professional practice Handbook
- Debt and Fee policies
-
Complaint Procedure for Plymouth University Students

**Stage 1**

As a student you should raise any issues or problems with your Tutor or alternative member of staff at the Partner Institution where you study. The Institution will work with you to resolve the issue. If you are not happy with the outcome of this stage, you can raise a formal complaint in writing (Stage 2) with the University using the complaints@plymouth.ac.uk email address.

**Stage 1 – Notes**

This is an informal step in the complaints process. It is envisaged that either the Tutor or an alternative Partner Institution representative will be able to resolve the issue raised by you and will meet with you to discuss the outcome.

**Stage 2**

If you wish to raise a formal complaint you need to contact the University’s Complaints Office (CO). The CO will contact the Partner with details of your complaint and will liaise with the Partner in order that they can consider the issues raised. The CO can advise the Partner as to possible solutions that could be offered to address your complaint. The Partner will then write to you to address the formal complaint and to offer a resolution.

If you are not happy with the outcome of Stage 2, you can escalate the complaint to Stage 3 with the University at complaints@plymouth.ac.uk where a Stage Three Complaint Review Panel will take place.

**Stage 2 – Notes**

The University’s CO will contact the Partner on receipt of your formal complaint and liaise with the Partner in order that they can consider your issue. The CO will also give advice to the Partner as to ways to resolve your complaint.

**Stage 3**

If you are not happy with the outcome of Stage 2, you should contact the CO. A Stage Three Complaint Review Panel will be set up to review your complaint. After the Panel has made a decision they will write to you with the outcome. If, following this, you are still not happy with the outcome, your next step would be to take your complaint to the OIA (Office of Independent Adjudicator).

**Stage 3 – Notes**

The Stage Three Complaint Review Panel is drawn from a pool of Academics, Registrars, and the Student Union. The CO will contact the partner on receipt of the student complaint. The partner will then have the opportunity to comment, or to provide a written submission in response to the complaint. The Panel will review all the facts and make a decision regarding the complaint. The CO will write to you with the outcome of the panel’s decision and notify the Partner of the Panel’s decision.
17.1 Campus Information and Student Support

Campus information including:
- Local Students Union arrangements - please see Osteonet
- Transport arrangements (if appropriate)
- Careers Advice and Guidance
- Learning Development
- Disability Assist Support
- Counselling services – including the link to Disability Assist

17.1.1 Shine

Self Help Inspiring E-Resources - an innovative new, stand alone, self-help website which was developed through the Student Counselling & Personal Development Service and students. You can watch, read, listen and find apps and useful links to the best online resources and information about mental health and well-being: https://www.plymouth.ac.uk/student-life/services/learning-gateway/shine

17.1.2 Anytime advice line

Plymouth has an 'Anytime advice line' offering around the clock, free, confidential assistance please follow the link: https://www.plymouth.ac.uk/student-life/services/learning-gateway/anytime-advice-line
17.2 The Plymouth Award

Students are encouraged to sign up for the Plymouth Award which is designed to recognise and celebrate student achievements outside the curriculum. Many students already make significant contributions to the life of their institution and the communities in which they live and work. The Plymouth Award is one way of recognising the value that we place on these contributions and on the learning and personal growth that students gain from these activities. It is also recognized by many employers as a demonstration that you have gone above and beyond your studies.

17.3 Sport and Leisure

Students need to contact the BCOM student Union.

17.4 Social Activities

Students need to contact the BCOM student Union.

18 Financial Information and Guidance on Funding

For any advice please contact the Registry department at BCOM.

- Fees
- Council tax
- Student Funding arrangement – bursaries, www.gov.uk/student-finance, tax credits
- Disabled Students’ Allowance
- Bursaries
- Any student funding opportunities

19 Key Features of University Level Study

Outlined below are key features of University or Higher Education (HE) level education, including what differentiates this from other forms of education e.g. at school, institution or in the workplace.

19.1 Attendance

You are expected to take responsibility for your learning and attendance in timetabled sessions. In some modules if you do not attend consistently you may risk losing marks, either directly or by missing an assessed presentation or group activity. Any absence also affects your peers as it may disrupt planned group activities and limit the range of discussions. You will be expected to be available for every week of your Institution terms. Please ensure that holidays are only arranged outside of term and assessment commitments. Students who do not attend run a very high risk of failure.

Plymouth University expects all students to attend all scheduled classes, field trips and other events that are part of their programme of study. All teaching is developed to give you relevant and necessary experience. We know that students who do not attend perform less well.
Key strategies to become a Successful Student

You must take proactive responsibility for your own studies. We will give you as much help and support as we can but ultimately your success (or failure) is down to you.

Plan your time carefully. Write a personal timetable as soon as you can.

Attend all lectures and tutorials and take notes.

Do not miss deadlines.

Read extensively around your subject. Just being familiar with the set text books is unlikely to be enough to pass.

Seek help, if you need it, as soon as possible. If you need specific help with your studies, speak to your lecturer or tutor or make a personal appointment to see them. Even if your problem has nothing to do with your programme, it may have an effect on your ability to study. Let someone at the Institution know - ignoring problems will only make things worse later on.

If you are ill or otherwise unable to attend, you should send apologies to your tutor and ensure that you have caught up with the work.

Programme leaders work very hard to make sure that teaching and assignments are well designed, and that they support your learning. Where minimum attendance is required before an assessment can be undertaken this will be clarified in the Module Teaching, Learning and Assessment guides.

Due to the clinical nature of the course students must attend 80% of all practical classes in all years. If a student has a problem with attendance then they need to contact as a first point the Registry Department, who monitor attendance. Clinic attendance is 100% and the information in regards to attendance and make ups are available in the Professional Practice Handbook which is available on Osteonet.

19.2 Your Approach to Studying

Probably the most significant difference between university level study and other levels of education is the amount of personal responsibility you have. This has implications for how you approach your studies.

Staff will use a variety of educational approaches, depending on the learning outcomes of the module. These may include: lectures, group work, discussion, student led activities, simulation; technology supported activity, practical scenarios, and directed study. Your active participation will enhance your learning. It is **your responsibility** to acquire the required knowledge and skills.

At this level of study, you will be treated as a responsible adult, capable of acting on your own initiative.
You may be used to a learning or workplace environment with fixed hours and routine activities. However HE study requires you to develop new study, time-management and prioritisation skills to make effective use of your study time and to meet programme deadlines. Your weekly timetable consists of planned learning activities, such as lectures, and time for you to undertake additional reading, assignment preparation and private study. The contact time that you have with lecturers is only part of your module timetable. As an indication, the average amount of ‘total student effort’ expected for a 20 credit module will be around 200 hours, but you may only be timetabled for *(Institution to insert appropriate number)* hours.

**You must, therefore, learn to use your time constructively. Your most valuable learning will be done in your own time and in your own way.**

### 19.3 Suggested Reading for New Students


### 19.4 Reading for your study

**You will not complete your programme successfully if you do not read regularly and in-depth.** You will be given reading lists for each module. You should purchase at least one recommended text for each module. Since books are expensive, however, it may be a good idea to pool resources by sharing with friends in a study group.

Please note that you may only be able to borrow basic texts from the library on a short-term basis. Demand for such texts may be very high at certain times in the year; so do not rely on them being available.

You are strongly recommended to follow current issues relevant to your programme in the quality press, for example, The Times, Independent, Guardian and Telegraph. You should also make use of subject-related journals held in the library.

Reading texts for Higher Education demands note-taking as well as reading skills; as with lectures keep careful notes from your reading.

### 19.5 Private Study

Your private study time is likely to be taken up by different tasks for each module or by preparing for tutorials or undertaking some reading of a programme text or library research. In addition, private study time provides students with the opportunity to ensure they have understood the subject, for reflecting on any feedback on assessed work and building up a good set of notes for revision.
19.6 Study Groups

In all our programmes, the institution encourages students to learn skills to enable them to work as groups and teams. These are not merely useful during your programme. In any employment context you will find such skills and experiences invaluable. Sometimes you will find you are assessed on a piece of written work or presentation completed as a group. Many students benefit significantly from working collaboratively in study groups, to check their understanding of difficult issues or concepts and to revise.

19.7 Personal Development Planning

It is important to bear in mind from the outset of your study that you are working toward a degree that will provide you with a foundation for a potential career. It is important to be aware of your own career direction from the early stages of the programme. Therefore, we place a great deal of importance in Personal Development Planning (PDP). This describes the ‘means, by which students can monitor, build and reflect upon their personal development’.

Therefore, PDP is a structured and supported process undertaken by an individual to reflect upon their own learning, performance and / or achievement and to plan for personal educational and career development. You are ultimately in charge of your own career direction but we are more than happy to help and advise you throughout your degree programme. You will be introduced to the use of PebblePad which will provide you with a flexible electronic resource which you can use to plot and reflect on your learning achievement. PebblePad allows you to plan and develop strategies for learning and also to reflect and evaluate your accomplishments.

It is hoped that the PDP process available on this programme will enable you to:
Become more effective, independent and confident self-directed learners;
Understand how you are learning and relate your learning to a wider context;
Improve your general skills for study and career management;
Articulate your personal goals and evaluate progress towards your achievement; and
Encourage a positive attitude to learning throughout life.

20 Factors Affecting Your Learning

In addition to teaching, academic support and private study there are often factors which influence your learning environment. If you are aware of these, you will be able to manage your studies more effectively.

20.1 Effective Learning

Learning refers not simply to the sum total of facts and information you can recall at a given moment. It also relates to how you use and apply information and how you find, store and retrieve it. One of your aims as a student should be to become a more effective learner.

The quality of your learning will depend on these starting points:
• Your attitudes, attendance, aims and goals
• Your dedication
• Your aptitude for the subject
• Your intelligence
• Your willingness and ability to learn
• Your use of resources - tutors, books, materials, the work experiences built into the programme, etc - and time - your timetabled lectures and tutorials as well as private study.

To assess how well you are learning, you should frequently check your progress by keeping in touch with your tutors and your fellow students and ensure you are up-to-date with deadlines.

20.2 Time Management

Good time management lies at the root of effective learning. You will need to plan the use of your time carefully. You will have the demands of your programme, learning in lectures and tutorials, working on assessments and completing your private study to consider.

A personal timetable can help you in assessing all your priorities: paid work, social and family commitments, as well as your studies.

You will have to think realistically about the number of hours that you need to study to be a successful student. If you are studying full-time, we would expect that your lectures, other timetabled sessions and private study taken together will only account for a proportion of the 200 hours of study required for each 20 credit module. However, the amount of study effort required varies from student to student.

20.3 Coping with Stress

Stress can be a serious problem, particularly in your first year when you may be adjusting to a new environment, arranging accommodation, managing your finances, living away from home and balancing your time between study and family / work commitments. There is, however, plenty of help available and you are encouraged to make use of support services, such as the Institution Counselling Service available within BCOM. The counsellors can be contacted directly and their numbers are on the notice boards throughout the college.

Plymouth University has also developed a set of e-resources to help support students wellbeing. Self Help Inspiring E-Resources (SHINE) are available here: https://www.plymouth.ac.uk/student-life/services/learning-gateway/shine

20.4 Learning Skills

Some students find the transition to university level study, particularly student-centred learning, more difficult than they expected. This can be because they have not yet developed the required learning skills. Although you will receive help throughout your programme to improve these skills, there is specific support, advice and resources available through the Institution’s Learning Skills Service concerning issues such as:

• Presentations
• Essay Writing
• Referencing
• Time Management
• Reading and Note-taking
• Revision and Examinations
New students have a 6 week introductory period on study skills and the lectures and the How to Guides are available on Osteonet and the USB sticks provided at the start of your year 1 at BCOM.

Plymouth University has a suite of excellent support resources which are available at: https://www.plymouth.ac.uk/student-life/services/learning-gateway/learning-development

20.5 The Higher Education Achievement Record (HEAR)

The HEAR includes and extends the existing record of academic achievement: the academic transcript, and the European Diploma Supplement. This information follows the same documentation you would expect for students graduating from any university in Europe. It also features additional achievements relating to co-curricular activities which are formally recognised by the University, for example, the Plymouth Award, or being a Course Rep. A full list of what is included on your HEAR is available on the FAQs website. You can also view an example of a mock HEAR report.

21 Graduation and Results Guidance

Plymouth University has developed a guide to your statement of results, transcripts and award verification. The information has been gathered together to help answer any questions you may have regarding your results, how and when you can access them and links to further information on what happens if you fail any part of your course. Click here to access the guide: https://www.plymouth.ac.uk/student-life/your-studies/essential-information/results-guidance-notes

BCOM students are invited to the Plymouth University graduation, but BCOM also has its own award ceremony usually held in October. Registry will inform all students eligible to attend with the results at the end of the academic year.

22 Alumni

As Plymouth Students you are part of the Plymouth Alumni. More information can be found at https://www.plymouth.ac.uk/alumni-friends/alumni

As well as being able to join the Plymouth Alumni, BCOM graduates are able to join the BCOM alumni and Registry will ask you if you wish to join once you have graduated from BCOM.

Example of Year 4 Coursework Guidelines

Academic Partnerships Student Handbook (UK) 2017-18
Last Saved 19/10/2017
## COURSEWORK GUIDELINES TEMPLATE

**THIS IS TEMPLATE WILL HAVE TO BE COMPLETED BY ALL MODULE LEADERS SETTING COURSEWORK ESSAYS**

<table>
<thead>
<tr>
<th>TITLE</th>
<th>Research paper course work</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SUBMISSION DATE AND TIME</strong></td>
<td><em>(please check Assessment timetable for submission dates).</em></td>
</tr>
<tr>
<td><strong>WORD LIMIT</strong></td>
<td>5,000 words +/- 10%</td>
</tr>
</tbody>
</table>
| **STRUCTURE and PRESENTATION** | • The manuscript should be typed, double spaced on one side of A4 only with a left hand margin of 1 ½ inches (38 mm).  
  • Font size of 12  
  • Abbreviations must be in full first with initials in brackets then subsequent use of initials  
  • All tables and illustrations should be labelled and placed in a relevant position in the text with suitable legends (with references if appropriate)  
  • Legends must be single spaced  
  • Tables and figures should be understandable without having to read the text, and the text should be understandable without the figures or tables.  
  • Graphs should be in a scientific format e.g. avoid 3D  
  • References should be single spaced. |
| **REFERENCES** | *Please follow the reference style for your chosen journal*  
  References should be made at the end of a statement and not only at the end of a paragraph.  
  Do not include hyperlinks in your reference list  
  Be consistent! |
| **DRAFTS** | STUDENTS MAY SUBMIT A DRAFT TO THEIR SUPERVISOR/ HEAD OF RESEARCH BEFORE SUBMISSION. |

*IF YOU ARE UNSURE ABOUT ANY OF THE ABOVE GUIDELINES PLEASE SPEAK TO YOUR LECTURER/MODULE LEADER FOR CLARIFICATION*
GENERAL COMMENTS
[if the lecturer/module leader has specific requirements then they should be included in this section]

Should be written in the style of a chosen journal which should be named on the front cover sheet.

ABSTRACT
The format will vary depending on your chosen journal. Please check the journal requirements.
But an abstract is a brief summary of the entire contents (introduction, methods, results and discussion) of your research project; in an abbreviated form usually 250-300 words depending on the journal. There should be no information, ideas or claims other than those in your research paper. You should not use abbreviations or references in the abstract.

KEYWORDS
These should be in alphabetical order; each journal has a certain number they require. Key words are used in search engines to find research papers so should be the main themes in your paper.

INTRODUCTION
This should begin with a general description of the background to the research area. The relevant research carried out to date which should be quoted and critically evaluated. The gap you are intending to fill with your research should be clearly defined and this provides the rationale for the research you have undertaken.
Finally, the aims should be clearly stated at the end of the introduction.

METHODS
This should describe exactly how the study was conducted; it should be clear enough so that another researcher could replicate the methods. Subjects should be succinctly described with relevant details e.g. age, gender, medical condition, etc. how they were recruited should be described. Did the participants undergo informed consent? Any equipment should be referred to in sufficient detail (i.e. name of make/model) so that the study can be replicated if necessary.
A detailed description of the procedure used in conducting the study should be given, including how you analysed the data. Any statistical tests should be named and what the level of significance you chose described.

RESULTS
This section should include factual statements of what was observed in a clear and concise form, using tables and graphs where necessary. The results should include description of your participants. The collected data should be summarised in this section. The significance should be given and what this means—this should be written in your own words and not simply copied from your statistical package. Please remember statistical tests are a tool to aid in describing your findings.
Tables and graphs should be appropriately labelled and cited in
the body of the text. Legends should explain graphs or tables.

**DISCUSSION**
This should attempt to evaluate and interpret the results especially with respect to your aims/hypothesis, the findings of previous research and theoretical issues. Any limitations to your study must be discussed and ways of improving the study should also be discussed. Further research can also be discussed.

**CONCLUSION.**
This should be your conclusion of your findings and other current literature.

**Submission**
The research paper will NOT be accepted by Registry without the following:
1. Two paper copies of the research paper, it does not need to be bound
2. Electronic copy as a .pdf should be sent to coursework@bcom.ac.uk
3. Title page which should include the following: title of research project, student’s number, degree (Masters in Osteopathy), year, word count
4. Signed Research Project plagiarism form (one copy only; downloaded from Osteonet)
5. ALL consent forms, medical questionnaires and ALL other documentation related to the project MUST be submitted
6. ALL ORIGINAL RAW DATA must be emailed to the Head of Research with student’s name, research project title and date.
7. Lab book MUST be completed and handed in with project
8. One loose copy of your abstract, labelled with your name, year and title of your research paper.
9. Meeting Log completed and signed